

## Crossfit Dixie.com Privacy Policy

Crossfit Dixie, respects your privacy and is committed to protecting the Personal Information (defined below) that you may provide us while using this Site (as defined below). We currently operate the website crossfitdixie.com, including all of its subsites (typically any web pages that include crossfitdixie.com as the URL, such as crossfitdixie.com/schedule and crossfitdixie.com/coaching) and all software, applications, products, features and services made available, displayed or offered by or through our web site or subsites (collectively, the “**Site**”). This Privacy Policy is incorporated into, and part of, the Terms of Use (the “**Terms of Use**”), which governs your use of this Site in general. This Site is published and maintained by or on behalf of Crossfit Dixie, located at 476 E Riverside Dr #3b, St George, UT 84790 (“Crossfit Dixie, together with its subsidiaries, are collectively referred to in this Privacy Policy as “we,” “us,” “our,” or other similar pronouns, or “The Crossfit Dixie Community.” Any capitalized terms that are not defined in this Privacy Policy have the meaning defined in the Terms of Use.

### **Purpose**

Your privacy is a serious matter to us. We are committed to respecting the privacy rights of our Site visitors and users. In order to make your visits to our Site and use of the services available through our Site as worthwhile as possible, we may ask you for Personal Information and we may collect certain information automatically from your computer or mobile device when you visit us or use certain features on the Site. “**Personal Information**” means information that identifies (whether directly or indirectly) a particular individual, and includes, for example, your name; home and/or business address; e-mail address; telephone, wireless and/or fax number; short message service or text message address or other wireless device address; instant messaging address; demographic information (such as gender or nationality); personal health information; exercise and diet habits; and/or other information that may identify you as an individual or allow online or offline contact with you as an individual as well as other information that is associated with you and your use of the Site. This privacy statement explains, in general, what Personal Information and other information is collected on our Site, how the information is used, and with whom we may share such information. Please take a few minutes to read our Privacy Policy so that you understand how Crossfit Dixie treats your information.

### **What and Who This Applies To**

This privacy policy (“**Privacy Policy**”), which applies only to information collected via the Site, governs your use of CrossFit’s Site, including: (a) what types of information we collect about you when you use the Site; (b) how the information will be used or disclosed; (c) your rights with respect to our collection and use of your data; (d) to whom we disclose the information; and (e) how we safeguard the information. Site.

This Privacy Policy does not apply to entities that Crossfit Dixie does not own or control, such as third party advertisers, sponsors, licensors, licensees, service providers and Crossfit Dixie affiliate gyms or trainers holding certificates from Crossfit Dixie. We are not responsible for the information practices

of any of these or other third party sites, advertisements or links that may appear on our Site.

This Privacy Policy does not apply to information that you may provide to us, or that we may obtain, other than through our Site, such as by phone, through postal mail, in-person such as at events, seminars and competitions and through other live and print media. You may obtain copies of our privacy policies applicable to information collected other than through our Site, by sending us a request in writing that specifies how and when your information was provided to us.

This Web Site is intended for users who are located in the United States of America and Canada. This Privacy Policy shall be interpreted under the laws of the United States. By providing Personal Information or other information to use through the Web Site, or otherwise accessing or using the Web Site, you agree to our privacy practices outlined here. If you do not agree to this Privacy Policy or our Terms of Use, please do not use the Web Site.

## **What Information is Collected on this Site?**

### **User-Provided Information**

#### ***General***

We collect Personal Information from users of our Site, for example, through such users' submissions, transactions and completion of online forms on our Site. Such information is collected, for example, when users register or subscribe for accounts or features on our Site, sign up for or upload or submit information or data to us in connection with a certificate course, competition or event, vote on participants in competitions or events, participate in the Crossfit Dixie Games Open, enter sweepstakes and contests, complete surveys, use software, applications or tools made available to you by or on behalf of us, contribute to a chat room, bulletin board, comment section, list serve, blog, vlog, wiki or other open forum that we may make available on or through our Site, submit a comment or question to us using a "contact us" or similar feature on our Site, send us an e-mail, or in any other way submit Personal Information to us via our Site. We also collect information regarding your participation, fitness, nutrition, health and results from our competitions, events, certificate courses, seminars and programs, such as the Crossfit Dixie Games Open and any application, web pages or tools made available to you to track, log or collect data or information related to your health, fitness, nutrition and diet.

You may be able to send information from our Site to your friends and Community members through our Site by clicking on an "E-mail to Friend" or similar button on our Site or in an e-mail that we have sent you. In some of these cases (unless you simply forward our e-mail on your own), you may provide the name and e-mail address of your friend or family member to us. Such information will be treated in accordance with this Privacy Policy and applicable law.

#### ***Personal Health Information***

The Site may, from time to time, ask users to provide certain personal health information, and we will collect this data, which includes (for example) health conditions, exercise habits, diet and

nutritional data, body type, and other characteristics. This information is optional for the user to provide. Crossfit Dixie will use this information to help create a better experience and fitness program to provide to its users. For example, it may monitor the demographics, fitness characteristics, and location of attendees or participants in an event, competition or challenge sponsored, operated or organized by Crossfit Dixie, and may use that information to understand where demand for certain services are to best utilize its resources to provide them. In addition, Crossfit Dixie may publish some of your personal health information in connection with your Site account or event registration such as with the Crossfit Dixie Games and may share some of your personal health information with its subsidiaries, entities it owns or controls, its service providers, or other third parties. To protect your privacy, if Crossfit Dixie shares your personal health information with a subsidiary, an entity we own or control, or one of our service providers, such subsidiary, entity or service provider will be required to agree to and comply with the terms of this Privacy Policy. Unless we have your prior written consent to do otherwise, if Crossfit Dixie shares your personal health information with a third party other than one described in the preceding sentence, we will only do so in a way that anonymizes your Personal Information, including your personal health information, and aggregates it with other users' Personal Information.

### **Site Usage Information**

#### ***Cookies***

We may use “cookies” to keep, and sometimes track, information about you. Cookies are small data files that are sent to your browser or related software from a Web server and stored on your computer’s hard drive or otherwise persist on your system or device. They are used to make CrossFit’s Site easier to use, to make its advertising better, and to protect both you and Crossfit Dixie. Cookies track where you travel on our Site and what you look at and purchase. They may store your username and/or password. A cookie may enable us to relate your use of our Site to other information about you, including your Personal Information. All of these purposes serve to improve and personalize your experience on our Site.

Most Web browsers can be set to inform you when a cookie has been sent to you and provide you with the opportunity to refuse that cookie. Additionally, if you have a Flash player installed on your computer, your Flash player can be set to reject or delete Flash cookies. However, refusing a cookie may, in some cases, preclude you from using, or negatively impact the display or function of, the Site or certain areas or features of the Site.

#### ***Clear GIFs***

We may use “clear GIFs” (aka “**Web beacons**” or “**pixel tags**”) or similar technologies, in the Site and/or in our communications with you to enable us to know whether you have visited a Web page or received a message. A clear GIF is typically a one-pixel, transparent image (although it can be a visible image as well), located on a Web page or in an e-mail or other type of message, which is retrieved from a remote site on the Internet enabling the verification of an individual’s viewing or receipt of a Web page or message. A clear GIF may enable us to relate your viewing or receipt of a Web page or message to other information about you, including your Personal

Information.

### ***IP Address and Clickstream Data***

Our server automatically collects data about your server's Internet address when you visit us. This information, known as an Internet Protocol address, or IP Address, is a number that's automatically assigned to your computer by your Internet service provider whenever you're on the Internet. When you request pages from our Site, our servers may log your IP Address and sometimes your domain name. Our server may also record the referring page that linked you to us (e.g., another Web site or a search engine); the pages you visit on this Site; the Web site you visit after this Site; the ads you see and/or click on; other information about the type of Web browser, computer, platform, related software and settings you are using; any search terms you have entered on this Site or a referral site; and other Web usage activity and data logged by our Web servers. We use this information for internal system administration, to help diagnose problems with our server, and to administer our Site. Such information may also be used to gather broad demographic information, such as country of origin and Internet Service Provider. We may also link this information with your Personal Information, but will not share such information, when linked with your Personal Information, with a third party without your prior consent.

Any or all of these activities with regard to Site usage information may be performed on our behalf by our service providers.

### **Right to Opt In and Opt Out**

You have the right to "opt in" and "opt out" of certain of our uses of your Personal Information, including by contacting us at [info@crossfitdixie.com](mailto:info@crossfitdixie.com) or by submitting a request in writing to 476 E Riverside Dr #3b, St George, UT 84790 Attn: Brock Rasmussen. At the time you are requested to provide Personal Information on this Site, you will have the opportunity to elect to, or not to: (1) receive correspondence from us, or (2) have your Personal Information shared with other entities (outside of The Crossfit Dixie Community) for their marketing purposes. You may also make this request by sending an e-mail to [info@CrossfitDixie.com](mailto:info@CrossfitDixie.com). Users may opt not to receive our electronic newsletters or those of third parties when providing Personal Information. Users who opt in may remove themselves from mailing lists at any time through the account-management pages or by following the instructions at the end of the e-mail they received from us. If you opt not to provide certain Personal Information when registering for or using our Site, however, you may not be able to use some of our services such as message boards, voting on athletes in the Crossfit Dixie Open or participate in some of our events, such as the Crossfit Dixie Open.

Please understand that if you opt out of receiving promotional correspondence from us, we may still contact you in connection with your relationship, activities, transactions and communications with us. Also, a request to have us stop sharing your Personal Information with other entities for marketing purposes will only apply as of the date of your request, and we will not be responsible for any communications that you may receive from entities that received your

Personal Information prior to such request. In these cases, please contact that entity directly.

### **How is the Personal Information used?**

We will use the Personal Information you provide to our Site in connection with the services and features we provide to you through our Site. For example, such information may be necessary to register you for certificate courses, seminars, competitions, events and newsletters, respond to your requests and messages, provide you with news, event information and other offerings, for feedback purposes, and for marketing and promotional purposes. We may also use your Personal Information for internal record keeping, to analyze and track user progress through our fitness programs and events, and compare you to other persons or users of the Site or other websites, software, applications or tools in various ways.

We may match information collected from you through different means or at different times, including both Personal Information and Site usage information, and use such information along with information obtained from other sources, including third parties. Also, advertisements and other content displayed to you on the Site may be customized to your interests and preferences, based on your Personal Information and Site usage information, including (but not limited to) non-personally identifying information, which we may obtain from you or from other sources. In addition, we may send you notices (for example, in the form of e-mails, mailings, and the like), and otherwise correspond with you, about products, services, companies and events, sponsored, organized or operated by us and others, that we think might interest you. **You may opt out of receiving such notices from us by following the instructions in the Right to Opt In and Opt Out section above.**

We may analyze user behavior as a measure of interest in, and use of, our Site and e-mails, both on an individual basis and in the aggregate.

### **Do we share Personal Information and Site Usage information with others?**

#### **Public Forums**

When you contribute to a public area or feature of our Site, such as a message board, chat room, posting to comments, bulletin board, list serve, blog, vlog, wiki or other open forum that we may make available on or through our Site, the information that you submit will be made available to the general public. Such information may, for example, be accessed by everyone on the internet, be indexed by third party search engines, and be imported, exported, distributed, and redistributed by us and others without privacy limitations. Such information may be associated with you by such outside parties based on what you provide or disclose.

For these reasons, we recommend that you do not submit any sensitive information, including your full name, home address, phone number, other information that would enable other users to locate you, or financial information on these areas of our Site. Instead, make up a username that does not disclose your personal identity. To request removal of your Personal Information from a public forum or other public area of our Site, please contact us at [info@crossfitdixie.com](mailto:info@crossfitdixie.com).

## **Event and Competition Participation**

When you register (whether as a participant, athlete, fan, visitor or spectator), participate, compete, or submit results, feedback or information for any of our competitions, events, certificate courses, seminars or other activities, including, without limitation, the Crossfit Dixie Open, your submissions, records and results are kept by Crossfit Dixie and may be made available to the general public. This information may include Personal Information, including, without limitation, first and last name, age, hometown, gym name, personal record lifts and workouts and nutrition information, as well as your results in the events, video files, audio files, photographs, workout plans, workout, health and nutrition data, logs and journals, stories written by users, and other information. Such information may, for example, be accessed by everyone on the internet, be indexed by third party search engines, and be imported, exported, distributed, and redistributed by us and others without privacy limitations. Such information may be associated with you by such outside parties based on what you provide or disclose. These records and media are used to determine your performance, eligibility for prizes, and placement, leaderboard status, and athlete and team profiles, among other things. Additionally, the Site may use this information in various other ways, such as data analysis, communicating results news via different media or websites, promotional use, or other general public information purposes, through various media, means and methods that currently exist or that may be developed in the future. For a more detailed description of the terms and conditions on which your submissions, records and results may be used by Crossfit Dixie, please see the [Terms of Use](#).

## **Third-Party Offers**

We may provide visitors an opportunity to receive offers from other entities (outside of The Crossfit Dixie Community) who have services, products and offers that we think might be of interest to you. **Unless you elect not to receive such offers by following the instructions in the Right to Opt In and Opt Out section above, we may from time to time provide your Personal Information to these entities so that they may send you these offers.** If you change your mind and no longer want us to share your Personal Information with these types of third parties, follow the instructions to opt out in the **Right to Opt In and Opt Out** section above.

## **Co-sponsored Events, Contests, Sweepstakes and Offerings**

Some of our certificate courses, events, competitions, seminars, programs, contests, sweepstakes and other offerings may be co-sponsored by another company or companies. In those situations, the information we obtain from you in connection with such contest, sweepstake or offering may be shared with our co-sponsor, unless you instruct us not to by following the instructions in the **Right to Opt In and Opt Out** section above. In those situations, our co-sponsors will have the right to use your information for their own purposes, in accordance with their own policies. We are not responsible for how our co-sponsors may use your information.

## **Payments**

When you make any payments, deposits, or other transactions, we will share transaction information with only those third parties necessary to complete the transaction. We will require those third parties to agree to respect the privacy of your information.

### **Service Providers**

We may use third-party partners to help operate our Site, collect and analyze data and information, host, operate or support software, applications and tools and deliver our products and services, and may share your information with our subsidiaries, entities owned, related to or controlled by us, service providers and other third parties that provide software, products or services for or through this Site or for our business (such as Web site or database hosting companies, address list hosting companies, e-mail service providers, analytics companies, distribution companies, fulfillment companies, and other similar service providers that use such information on our behalf). This is intended to help improve or promote our services provided. If you would like additional information on the policies we enforce with respect to our service providers, please contact us as described below.

### **Aggregate Statistics**

We may disclose aggregate statistics regarding user behavior and health, fitness, workout and nutrition data as a measure of interest in, and use of, our Site and e-mails to third parties in the form of aggregate data, such as overall patterns or demographic reports that do not describe or identify any individual user.

### **Legally Compelled Disclosures**

We may disclose user information to government authorities, and to other third parties when compelled to do so by government authorities, or otherwise as required or permitted by law, including but not limited to in response to court orders and subpoenas. We also may disclose user information when we have reason to believe that someone is causing injury to or interference with our rights or property, other users of the Site, or anyone else that could be harmed by such activities. If we are required or compelled to disclose your user information by a government authority, we may attempt to notify you of such disclosure if we are permitted to do so by law.

### **Business Transfer**

In the event that Crossfit Dixie, any entity of The Crossfit Dixie Community, or substantially all of its assets, are acquired by one or more third parties as a result of an acquisition, merger, sale, reorganization, operation of law, change of control, consolidation or liquidation, your Personal Information may be one of the transferred assets. The terms of this privacy policy will continue to apply to your Personal Information that is transferred to the new entity.

### **Third-Party Ad Servers**

We may use third-party advertising companies to serve ads when you visit our Site. If so, a list of these ad serving companies will be available in the FAQ section of [crossfitdixie.com](http://crossfitdixie.com). These

companies may use information (generally not including your name, address, e-mail address or telephone number) about your visits to this and other web sites in order to provide advertisements about goods and services of interest to you. These companies may employ cookies and clear GIFs to measure advertising effectiveness. Any information that these third parties collect via cookies and clear GIFs is generally not personally identifiable (unless, for example, you provide personally identifiable information to them through an ad or e-mail message). We encourage you to read these businesses' privacy policies if you should have any concerns about how they will care for your Personal Information.

### **Wireless Addresses**

If the e-mail address you provide to us is a wireless e-mail address, you agree to receive messages at such address from Crossfit Dixie, the rest of The Crossfit Dixie Community and the rest of the third parties with which we share your e-mail address (**unless and until you have elected not to receive such messages by following the instructions in the Right to Opt In and Opt Out section above**). You understand that your wireless carrier's standard rates apply to these messages, and that you may change your mind at any time by following the instructions in the **Right to Opt In and Opt Out** section above. You represent that you are the owner or authorized user of the wireless device on which messages will be received, and that you are authorized to approve the applicable charges.

### **Short Message Service**

We may make available a service through which you can receive messages on your wireless device via short message service ("**SMS Service**"). If you subscribe to one of our SMS Services, you thereby agree to receive SMS Service messages at the address you provide for such purposes. Such messages may come from Crossfit Dixie, the rest of The Crossfit Dixie Community and/or the rest of the third parties with which we share your address (unless and until you have elected not to receive such messages by following the instructions in the **Right to Opt In and Opt Out** section above).

You understand that your wireless carrier's standard rates apply to these messages, and that you may change your mind at any time by following the instructions in the **Right to Opt In and Opt Out** section above. You represent that you are the owner or authorized user of the wireless device you use to sign up for the SMS Service, and that you are authorized to approve the applicable charges. To use the SMS Service, you must be 18 years of age or older and reside in the United States. You must first register and provide all required Personal Information, which may include, for example, your name, SMS address, wireless carrier and, if fees are applicable to the SMS Service you subscribe to, billing information (either your credit card information or mobile service carrier information if applicable fees will be billed through your carrier). We may also obtain the date, time and content of your messages in the course of your use of the SMS Service. We will use the information we obtain in connection with our SMS Service in accordance with this Privacy Policy. If fees are charged to your wireless account invoice, we may provide your carrier with

your applicable information in connection therewith. Your wireless carrier and other service providers may also collect data about your wireless device usage, and their practices are governed by their own policies.

You acknowledge and agree that the SMS Service is provided via wireless systems which use radios (and other means) to transmit communications over complex networks. We do not guarantee that your use of the SMS Service will be private or secure, and we are not liable to you for any lack of privacy or security you may experience. You are fully responsible for taking precautions and providing security measures best suited for your situation and intended use of the SMS Service. We may also access the content of your account and/or wireless account with your carrier for the purpose of identifying and resolving technical problems and/or service-related complaints.

By signing up for the SMS Service, you consent to receiving, from time to time, further messages which may include news, promotions and offers from us, our subsidiaries, entities owned, related to or controlled by us and partners, and you consent to our sharing of your Personal Information with such parties for such purposes, unless and until you have opted out of these activities by following the instructions in the **Right to Opt In and Opt Out** section above. Please follow the instructions provided to you by third parties to unsubscribe from their messages.

### **Your Access Rights**

You may review, correct or change the Personal Information that is stored in your user account on this Site by visiting the account management area of your account on this Site.

You may send us new or updated information at any time by contacting us at [info@CrossfitDixie.com](mailto:info@CrossfitDixie.com). We will endeavor to respond to your request to access, update or delete your information, including your user account, as soon as practicable. Before we are able to provide you with any information, correct any inaccuracies or delete any information, however, we may ask you to verify your identity and to provide other details to help us to respond to your request.

### **Security**

Crossfit Dixie will take reasonable steps to protect the security and integrity of all Personal Information provided to this Site. We require a personal username (log-in name) and a password in order for users to access their Personal Information. We restrict access to personal information to Crossfit Dixie employees, contractors and agents who need to know that information in order to process it on our behalf.

### **Inherent Risks**

No security measures are perfect or impenetrable. Due to the inherent nature of the Internet as an open global communications vehicle, we cannot guarantee that information, during transmission through the Internet or while stored on our system or otherwise in our care, will be absolutely safe from intrusion by others, such as hackers.

If you contact us by e-mail or a “contact us” or similar feature on our Site, you should be aware that your transmission might not be secure. A third party could view information you send by these methods in transit.

We will have no liability for disclosure of your information due to errors or unauthorized acts of third parties during or after transmission.

In the unlikely event that we believe that the security of your Personal Information in our possession or control may have been compromised, we may seek to notify you of that development. If a notification is appropriate, we would endeavor to do so as promptly as possible under the circumstances, and, to the extent we have your e-mail address, we may notify you by e-mail. You consent to our use of e-mail as a means of such notification.

### **Phishing**

With identity theft a continuing problem, it has become increasingly common for unauthorized individuals to send e-mail messages to consumers, purporting to represent a legitimate company such as a bank or on-line merchant, requesting that the consumer provide personal, often sensitive information. Sometimes, the domain name of the e-mail address from which the e-mail appears to have been sent, and the domain name of the web site requesting such information, appears to be the domain name of a legitimate, trusted company. In reality, such sensitive information is received by an unauthorized individual to be used for purposes of identity theft. This illegal activity has come to be known as “phishing.”

If you receive an e-mail or other correspondence requesting that you provide any sensitive information (including your Site password or credit card information) via e-mail or to a web site that does not seem to be affiliated with our Site, or that otherwise seems suspicious to you, please do not provide such information, and report such request to us at [info@crossfitdixie.com](mailto:info@crossfitdixie.com).

### **Consent to Processing**

By providing Personal Information to this Site, you understand and consent to the collection, maintenance, processing and transfer of such information in and to the United States and other countries and territories.

### **Third-Party “Linked-To” Web Sites**

When you are on our Site you may have the opportunity to visit, or link to, other sites not operated by Crossfit Dixie, including other web sites operated by other members of The Crossfit Dixie Community or by unrelated third parties. These sites may collect Personal Information about you. Crossfit Dixie does not control sites that are operated by these entities and is not responsible for the information practices of these sites. This Privacy Policy does not address the information practices of those other web sites, and applies solely to information collected by Crossfit Dixie on this Site. The privacy policies of Web sites operated by other members of The Crossfit Dixie Community are located on those sites.

### **Children Under Age 13**

We are a general audience site, and do not knowingly request Personal Information from anyone under 13 years of age. If you are under the age of 13, please do not use our Site, including by attempting to post on any message board, participate in blogs, discussions and chat rooms, register for any events, or otherwise provide any information to the Web Site. If we learn that we have collected personal information from a child under 13, we will delete that information as quickly as possible. No information collected from children is used for any marketing or promotional purposes whatsoever, either inside or outside of Crossfit Dixie. Crossfit Dixie Teens is not intended for use by minors, but is directed to, and intended for use by, parents and trainers of children and teenagers interested in the Crossfit Dixie program.

We strongly recommend that minors 13 years of age or older ask their parents for permission before sending any information about themselves to anyone over the internet and we encourage parents to teach their children about safe internet practices. Parents may wish to consult the resources on children’s privacy and safe internet practices that are available through the Federal Trade Commission. We also strongly suggest that you have installed and use “Parental Controls” for your web browser.

We take seriously our obligation to safeguard the confidentiality, security and integrity of personal information collected from our users, and have established and will maintain procedures that are designed for that purpose. Children and parents should be aware, however, that no system is completely secure from hackers, network failure and error, and we cannot guarantee the confidentiality, security and integrity of information maintained on our service. Please see the section entitled “**Security**” elsewhere in this Privacy Policy for further details.

### **Changes to this Privacy Policy**

Crossfit Dixie reserves the right to change or update this Privacy Policy, or any other of our policies or practices, at any time, and will notify users of this Site by posting such changed or updated

Privacy Policy on this page. Any changes or updates will be effective immediately upon posting to this Site. Under certain circumstances, we may also elect to notify you of changes or updates to our Privacy Policy by additional means, such as posting a notice on the front page of our Site to sending you an e-mail. When we change this Privacy Policy in a material manner, we will update the 'last modified' date at the bottom of this page.

### **Contact Us**

If you have any questions or comments regarding our privacy practices, you may contact us at [info@CrossfitDixie.com](mailto:info@CrossfitDixie.com) or through

Crossfit Dixie  
476 E Riverside Dr #3b, St. George, UT 84790

**Last Modified Date of this Privacy Policy: July 19, 2018.**